

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Carstens Mphelo**

Has successfully participated & completed the

**21km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 02:23:13**

**PACE 06:48/km**

**GENDER 189 of 324**

**OVERALL 241 of 530**

**50+ 30 of 54**

16 February 2019, Sat

Date



*BoutTime*

Signature

